

## Shinju Dojo Aikido Rank Requirements

Rank	Belt Color	Min. Hours	Min. Age	Time in Grade	Total Time	Requirements	
6	Rokyu	Yellow	20	14	1 month	1 month	walking, falling, 2 release movements, 1-2 of Ju Nana Hon Kata
5	Gokyu	Orange	30	14	1 month	2 months	walking, falling, 4 release movements, 1-4 of Ju Nana Hon Kata
4	Yonkyu	Green	40	14	3 months	3 months	walking, falling, 8 release movements, 1-5 of Ju Nana Hon Kata
3	Sankyu	Brown	80	14	3 months	6 months	6-10 of Ju Nana Hon Kata
2	Nikyu	Brown	120	14	3 months	9 months	11-14 of Ju Nana Hon Kata
1	Ikkyu	Brown	160	14	3 months	1 year	15-17 of Ju Nana Hon Kata, rudimentary teaching skills
1	Shodan	Black	250	16	6 months	1-1.5 years	all of the above plus the first 5 movements of Owaza Ju Pon
2	Nidan	Black	500	18	1 year	2 years	advanced skills in all areas, Owaza Ju Pon complete, 1-16 of San Kata
3	Sandan	Black	850	20	2 years	4 years	especially in the areas of teaching the principles of our system and of Aikido
4	Yondan	Black	1,100	22	2 years	6 years	knowledge of all Aikido principles, katas and techniques, a total commitment
5	Godan	Black	1,600	25	2 years	8 years	assistant professor, advancement of all skill required
6	Rokudan	Red and White	2,600	29	3 years	11 years	full professor, extra-ordinary teaching and leadership skill required
7	Shichidan	Red and White	4,600	37	8 years	19 years	precepts and techniques whether physical or spiritual
8	Hachidan	Red and White	6,600	45	8 years	27 years	continuing positive service to the organization, its members and ideals
9	Kudan	Red					red belt awarded by the committee of full professors
10	Judan	Red					red belt awarded by the committee of full professors